Barren County High School
Dance Team Tryouts

Who can tryout?
Open to any student at BCHS during the 2013-2014 school year.

Dates
• **Mandatory Clinic:** Wednesday May 1st - 3:30pm-6:00pm  
  @ Barren County High School GYM

  **Mandatory Parent Meeting:** Following clinic, BCHS Library (6:00-6:30pm)

• **Optional Technique Class:** Thursday May 2nd - 3:30-5:30  
  @ Barren County High School GYM

• **TRYOUTS:** Friday May 3rd - 3:30 @ BCHS Gym

*Pick up a Tryout Packet from the BCHS Office, Trojan Academy Office, 
BCMS Office or on BC Webpage. Packet must be complete prior to clinic (Wednesday May 1).*

Parent Meeting
All candidates **must** attend an informative meeting **with their parent/guardian** at the BCHS Library immediately following the first dance clinic on Wednesday May 1st at 6:00pm. to discuss team rules and guidelines, financial issues, sports physicals, fundraisers, and tryout process.

Current Sports Physical
All candidates must have a completed and **current sports physical form** prior to clinic.

Contact
Katie Keating, Head Coach: katie.keating@barren.kyschools.us
Jessi Arterburn, Assistant Coach: jessica_arterburn1@mymail.eku.edu
2013-2014 BCHS
Dance Team Application

Participant Name: _________________________________________________________

Participant Cell Phone Number: ________________________________

2013-2014 Grade Level (9-12): _____

Parent/Guardian name: ________________________________________________

Address: __________________________________________________________________

Home Phone: ____________________________________________________________

Cell Phone of Parent: ____________________________________________________

Email Address of Parent: ________________________________________________

Insurance Carrier and Policy Number: _________________________________

Shirt size: ______
Short size: ______
Shoe size: ______

*All sections must be completed*
BCHS Dance Team
Tryout Permission Form

Personal Information

(Full Name)

Address    City   Zip code

Home Phone    Cell Phone

Birth Date

Mother’s Name    Father’s Name

Mother’s Employer    Father’s Employer

Mother’s Work Phone    Father’s Work Phone

Mother’s Cell Phone    Father’s Cell Phone

Parent Email

In case of an emergency please contact (Name and Phone Number)

Doctor    Phone

Insurance    Policy Number
Are you taking any current medication? If so please list:
_____________________________________________________

Are you allergic to any medications? If so please list:
_____________________________________________________

When is your summer vacation planned?
_____________________________________________________

Permission
I understand that school and/or personal insurance must cover my daughter/son. I give permission for my child to receive medical attention in the event I cannot be present or reached for any reason.

__________________________________________ __________________
Parent Name     Date

Name of Dance Candidate: ______________________________

2013-2014 Grade Level (9-12): ______

I, the parent of __________________________ (child's name) have read and fully understand the Rules and Regulations which will govern my son/daughter if he/she is chosen to represent Barren County High School as a dancer. I further understand that this is an extracurricular activity and that attendance at all practices, games, special functions, and camp are required.

I hereby give my consent to my son/daughter, __________________________ to tryout for the dance team at Barren County High School and recognize his/her responsibilities and requirements as a leader of the school.

___________________________________  ______________________
Parent Signature     Date

If I am elected to be a dancer Barren County High School, I shall fulfill all of the above requirements to the best of my ability as set forth in the Dance Team policies. I have read these policies and understand that if I fail to maintain these rules, there will be consequences and I could be removed from the team.

____________________________________  _____________________
Candidate’s Signature    Date

*Bring completed form to dance clinic on Wednesday May 1, 2013.
*Contact Coach Katie Keating with questions: katie.keating@barren.kyschools.us
Expectations for Barren County High School Dance Team

**Tryouts**
1. Each dance team candidate must have a parent/guardian signed permission form before trying out for the team.

2. Each dance team candidate must sign a statement saying she is familiar with the rules.

3. Each dance team member must have a current physical exam and provide insurance information prior to tryouts.

4. The coach will determine the minimum and maximum number of team members during tryouts. Every candidate must realize that being a dancer is a privilege and requires time, effort, energy, and is expected to give 100% at all times.

**Responsibilities**
5. Weekly practice and conditioning is mandatory for each team member.

6. Each dancer is responsible for a one time summer camp fee of $100.00.

7. Each dancer is responsible for all financial expectations such as weekly technique classes, camp, and personal expenses (shoes, apparel, and rental fee).

8. No dance team member is excused from practices, performances, or events unless the coaches grant permission beforehand. All appointments (doctor, dentist, hair, tutoring, etc.) must be scheduled around practice. Practices are the same every week and will only change due to weather or emergency circumstances. It is important to the team for every member to be present and give 100% at each practice. An absence is considered unexcused if you miss practice for an unacceptable reason; a coach must know at least 24 hours prior to the absence. If absences become a problem, coaches will meet with the dancer and parents and have the right to bench, or if need be, remove the dancer from the team. Coaches can determine whether you remain on the team, compete in upcoming competitions, or dance at ballgames.

9. All financial expenses must be paid by the end of the season. All money not paid will be turned into the school as a debt and may result in failure to receive school documents such as schedules and diplomas and the dancer will be unable to tryout the next season.

10. Fundraisers will be available for team members who wish to participate.
11. If a dancer chooses not to participate in a team fundraiser, the dancer will be responsible for making payment to the squad totaling the average sales/profit amount.

12. All team members must have a signed release form by parents to travel to off campus sites for practice.

13. Academic performance is of top priority; it will and always should come first! The BCHS Policy Statement goes over the grade requirements. As for bad behavior in the classroom, being written up, and missing practices due to detentions, the dancer will sit out at the next ballgame in uniform beside a coach. Dancers will be required to print grades for the coach’s reference at the first of each month. All dancers must be passing all classes to participate in competition. All dancers must maintain a C average in all classes to dance at ballgames/Pep Rally’s.

14. A dance team member must be at school a full half (1/2) day before an event in order to participate in a practice or a ballgame. One half day means the member must attend two full blocks (or equivalent) of instruction.

15. Participation in other activities is encouraged; however, being a dancer at BCHS requires a lot of dedication! The coaches will work to the best of their ability with individuals involved in other activities. If there is a conflict that occurs this should be brought to the attention of the coaches immediately. Ultimately, BCHS dance related activities must come first.

16. Any circumstances not covered by the rules will be left to the coaches’ discretion.

17. All coaches’ decisions are final.

Behavior

18. Dancers are expected to be respectful to their coaches, other team members, all faculty members, and visitors. They should treat each individual with respect inside and outside of practice. If a dancer shows disrespect toward a fellow dancer by inappropriate talk or action, the member will face consequences such as missing ballgame performances, etc. In an extreme case, the dancer may be dismissed the team.

19. A dance team member will not smoke, drink alcoholic beverages, use illegal drugs, use profane language, be disrespectful, show excessive displays of affection in public, or partake in any activity unbecoming of the team. Any violation of this rule and any behavior that is detrimental to the team will be brought before the coaches and school administration and could result in suspension or dismissal from the team. (Please read more on behavior in the BCHS policy statement).

20. If, at any point, a dancer threatens to quit the team they will be asked to turn in their uniforms and be dismissed as a BCHS dancer immediately.
21. As a representative of the school and community, dance team members must show exemplary behavior at ALL times. A BCHS dancer must be a role model and have good sportsmanship for his/her peers.

22. Any misunderstandings among team members will be brought to a coaches’ attention ASAP. Dancers do not take these matters into their own hands. If there is on-going drama, parents will be called in for a meeting with the girls and coaches to mediate the situation.

23. Public displays of affection are not considered appropriate behavior. If romance cannot be handled privately, it is highly recommended that you do not become a dance team candidate. A warning will be issued following the first offense; a conference with coaches and parents will follow the second offense; the third offense could end in suspension from the team.

24. Wearing uniforms in public should only be done in an appropriate manner. When wearing a uniform in public you are representing BCHS and all that it stands for. If a dancer is reported wearing their uniform in an inappropriate manner, all dancers will be banned from wearing their uniform outside of ballgames, etc. and the individual dancer will be punished based on the coaches’ discretion.

**Practices/Activities**

25. Once practices are made they are set in stone. If a practice is canceled you will be notified immediately, but this is very rare! After money has been paid, competition dates are final. Competition companies normally do not give refunds.

26. Dancers need to make sure when it is practice day to bring a snack to eat before practice. Dancers need to always have proper apparel (clothing that conforms to the body, dance shoes, hair pulled up and ready to go). No jewelry, gum or candy.

27. Meetings are mandatory. Meetings are very important as we will discuss all dance team related subjects. We will discuss competitions, fundraising, ballgames, costumes, etc. Sometimes we will vote on certain matters for the dance team; if you are not present your voice and opinion will not be heard.
Expectations for Barren County High Dance Team
Signature Sheet

I have read and understand all of the expectations/rules that are required of me to be a dancer on the BCHS Dance Team. As a dancer/parent, my signature is stating that I will uphold my end of this agreement and understand what consequences could occur if one or more expectations/rules are not upheld.

_________________________________________  _____________
Dance Candidate Signature   Date

_________________________________________  _____________
Parent/Guardian Signature   Date

*Bring completed form to dance clinic on Wednesday May 1, 2013.

*Contact Coach Katie Keating with questions: katie.keating@barren.kyschools.us
BCHS Dance Team
Score Sheet

**Technique**
Double Turn .................................................................___/5
Triple Turn .................................................................___/5
Toe Touch .................................................................___/5
Jump Sequence (toe touch, stag, c-jump) ..................___/5
Axel ........................................................................______/5
Turning Disc ..................................................................______/5
Barrel ..........................................................................______/5
Tornado .........................................................................______/5
Extra (Choose 1: calypso, fouette, or switch open) ..........___/10

**Technique Subtotal_____/50**

**Routine**
Motions .........................................................................___/20
Memory ........................................................................______/10
Facials ........................................................................______/10

**Routine Subtotal_____/40**

**Overall**
Appearance ...................................................................___/5
Poise ..............................................................................___/5

**Appearance Subtotal_____/10**

OVERALL SCORE TOTAL: ________/100
2013-2014 BCHS Dance Team Tryout
Teacher Recommendation

Dance Team Candidate ______________________________
Teacher ______________________________
In what course have you had this student? ______________________________

** This is a confidential evaluation**

Please rate the student on a scale from 0–5 (5 being the highest) on the following elements:

1. Attendance/Punctuality 0 1 2 3 4 5
2. Respect of Authority 0 1 2 3 4 5
3. Respect of Peers 0 1 2 3 4 5
4. Effort/Quality of Work 0 1 2 3 4 5
5. Honesty and Integrity 0 1 2 3 4 5
6. Teamwork: 0 1 2 3 4 5

Total Points = ____________/30 points

Additional Comments (optional):

Teacher’s Signature: ______________________________ Date: ______________

*Please complete and place in Katie Keating’s mailbox (Trojan Academy) by Friday May 3, 2013.

(Teachers: If you cannot get the form to my mailbox, please just send me a quick email and I am more than happy to pick it up from you! Thanks so much for your help!)

Thank you very much for your assistance in the BCHS Dance Team Selection Process! I greatly appreciate your help.